



# Massage and Hydrotherapy Program

(Registered Massage Therapist)

**Program:** Students learn Swedish massage techniques, soft tissue manipulation and joint mobilization, combined with instruction in practical techniques, academics, ethics and business. Faculty includes Registered Massage Therapists, Doctors of Chiropractic Medicine and industry professionals.

Graduates will provide primary care to clients in the community, enhance health and well-being of the general population and complement existing medical treatment programs.

**Duration:** 18 Months Consecutive – ongoing intake  
Program includes: 

- academics and classroom training
- on-site clinical training
- outreach in nursing homes, at community events and industry

**Curriculum:** Anatomy & Physiology, Massage Theory & Techniques, Human Relations, Regional Anatomy, Palpation, Neurology, Physical Assessments, Hydrotherapy, OSCE Prep., Pathology, Treatments, Ethics and Business

**Registration:** On-going

**Admission:** Proof of completion of Grade 12 (science courses preferred) or a mature student exam for those without a Grade 12 diploma. Additional requirements are detailed at [cchst.net](http://cchst.net).

**Tuition:** Tuition and financial assistance details are available through the Registrar's Office.

**Certification:** Students that complete all subjects and attain a 70% score receive a CCHST Diploma and are then eligible to be recommended to attempt the Objectively Structured Clinical Evaluation (OSCE) and Multiple Choice Examination (MCQ) administered at the College of Massage Therapists of Ontario (CMTO). Passing these exams is required for registering with the CMTO and receiving the RMT designation.

**Career Path:** Employment opportunities in health care facilities, hospitals, private clinics and Corporations

**Why Our Grads are in Demand:** Taught by faculty who are practicing professionals  
Receive practical training conducted on-site in our public massage clinic  
Over 90% of our grads are in the workplace



**Our Grads are in Demand**

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[cchst.net](http://cchst.net)

Health Care

## The Canadian College Advantage

Canadian College of Health, Science and Technology (CCHST) is a locally-owned, private career college and the only career college in the Southwestern Ontario region that specializes exclusively in health care and information technology (IT) programs.

Canadian College students like the fact they're taught by instructors who are also employed in the area of specialization they teach. Their day-to-day experiences in the real world provide students with a well-rounded education and in-depth training.

Our small student-to-instructor ratio permits our faculty to focus on you, the student, to ensure we make the best use of your potential and guide you in successfully achieving your education goals. Your course of study will include 'on-the-job' training to ensure you're well-prepared to enter the workforce.

Take a good look into the Canadian College advantage and see why 90% of our grads are working. We make career education fun, and with some of the lowest tuition rates in town, very affordable!

